

## Weightlifting Wales Chair Report 2022/2023

In April 2022, preparation for the upcoming B22 Commonwealth Games were well under way. A qualifying team of 7 athletes, 5 female, 2 male, meant Wales had a strong presence at what was a close to home games. All the athletes enjoyed a very exciting competition venue with engaging audiences to cheer the athletes on.

Continuing the ever growing public health and wellbeing programs , is an important part of the Weightlifting Wales vision going forward and uptake of such programs is continually increasing.

Three new Non Executive Directors joined the Board. Ceri Wynne, Phillip Taylor and Jo Calvino, have brought their knowledge and expertise to Weightlifting Wales in many aspects of the NGB.

In September Ray Williams , Head coach and long-time athlete and supporter of the NGB retired. His retirement left a big gap to be filled, thankfully the new coach stepped into the role, and is already making their mark within the NGB.

As Weightlifting Wales continues its success with athletes competing on home, National and international platforms, its support for Weightlifters and the general public will continue to grow, improving the health and wellbeing of members of the Welsh communities.

Weightlifting Wales thanks the constant support of Sport Wales through funding, advice and guidance. We thank British weightlifting for their support. Weightlifting Wales also thanks the membership for their continued support and participation in the sport.