***Retirement from competitive Weightlifting.***

Athletes retiring from competitive weightlifting should follow the below steps.

1. Athletes within the National Registered Testing Pool or Domestic Testing Pool

In addition to following the WW retirement process, should also follow the applicable UKAD process. Please contact UKAD for further information. [ukad@ukad.org.uk](mailto:ukad@ukad.org.uk)

2. Athletes not on the National Registered Testing Pool or Domestic Testing Pool

Please compete the below to confirm your retirement and email to the Anti-Doping Lead [simon.roach@weightlifting.wales](mailto:simon.roach@weightlifting.wales)

Full Name:

Address:

Date of Birth:

Licensed club:

Date of retirement:

Signed: Date:

A record of your retirement will be kept via Weightlifting Wales and shared with UKAD when requested.