



## **Weightlifting Wales Commonwealth Championships 2021 Athlete Selection Policy**

### **COVID19**

*Due to the on-going challenges caused by Covid-19, the 2021 international Weightlifting competition calendar remains very uncertain.*

*Any decision to send teams to international competitions in-light of the challenges around the world must be continually reviewed on a case by case basis. WW will continue to review guidance shared by the Welsh Government, UK Sport, Sport Wales and Public Health organisations across the UK and other key stake holders to inform our understanding of the risks, challenges and restrictions across both the domestic and international landscape.*

*We appreciate this is a difficult and uncertain time for all of Wales' leading Weightlifters, but we ask you to respect that the health and safety of all athletes, support staff and their families will remain our main priority for any decisions made on the selection of Welsh international competition teams while the challenges around Covid-19 continue.*

*If at any stage WW feel that the safety of athletes or staff could be at risk or insufficient information is available to inform our planning or decision making, then we reserve the right not to send a team to the Commonwealth Championships 2021 with immediate notice.*

*All athletes who are provisionally selected will be asked to undergo a virtual 1-1 with the WW Performance Group to explore (1) the risks of Covid-19, (2) the risks of preparing for competition in a home training environment in the event of further lockdowns and (3) the opportunity to 'opt in or 'opt out' based on the information they hear during their 1-1. In the case of under 18s a Parent/Guardian must be present.*

### **Introduction**

This document provides detail on the process by which Weightlifting Wales will arrive at its selection of athletes for the 2021 Commonwealth Championships.

This policy has been constructed by the Head Coach in collaboration with the performance group of Weightlifting Wales and, approved by the board of directors.

In all cases, selection decisions made are final and there is no appeals process.

Weightlifting Wales will only select those athletes that have qualified under the Weightlifting Wales selection criteria stated below.



## Selection Policy Aim

This Selection Policy has been created in line with Weightlifting Wales strategic aim of winning medals at Birmingham 2022 and future Commonwealth Games. The policy has therefore been structured to select a team with the following aims:

- To provide every opportunity to the highest ranked Welsh athletes to gain qualification for the Commonwealth Games 2022.

## Athlete Eligibility

All athletes must be eligible to compete by nationality for Wales as per the CGF Constitution. Each athlete must either have been:-

- Born in Wales;
- Have a Welsh parent; or
- Have been granted Welsh residency

Given the high priority of ensuring that the highest ranked Welsh athletes are given the opportunity to qualify for the 2022 Commonwealth Games, Weightlifting Wales will not consider selecting athletes to be entered into Youth, Junior or Senior categories in this year's Commonwealth Championships, unless they meet the overall selection criteria below.

Maximum team size for this event: **8**; Weightlifting Wales are under no obligation to take a full team to this event.

## Selection criteria

1. The qualifying period begins 1<sup>st</sup> March 2021 and ends 27<sup>th</sup> June 2021 and will include the results from the Welsh Virtual Open 2, 3, 4 (March, April, May 2021) and the British Championships 2021.
2. Final selection will depend on the results achieved in the qualification period, funding available and the safety of taking a team to Singapore, depending on the

COVID19 restrictions and government advice closer to the time. Maximum team size will be **8 lifters**.

3. Athletes must have competed in the British Championships 2021, unless an absence has been agreed with the Head Coach.
4. Funded athletes must comply with their athlete agreements
5. All athletes must be members of Weightlifting Wales

### Qualification Totals

<b>Female</b>	<b>- 45kg</b>	<b>- 49kg</b>	<b>- 55kg</b>	<b>- 59kg</b>	<b>- 64kg</b>	<b>- 71kg</b>	<b>- 76kg</b>	<b>- 81kg</b>	<b>- 87kg</b>	<b>+ 87kg</b>
	150kg	160kg	178kg	188kg	198kg	208kg	215kg	222kg	227kg	242kg
<b>Male</b>	<b>- 55kg</b>	<b>- 61kg</b>	<b>- 67kg</b>	<b>- 73kg</b>	<b>- 81kg</b>	<b>- 89kg</b>	<b>- 96kg</b>	<b>- 102kg</b>	<b>-109kg</b>	<b>- 109kg</b>
	227kg	260kg	275kg	286kg	302kg	315kg	321kg	327kg	331kg	343kg

### Other Selection Factors for Consideration

The performance panel may, where an athlete has demonstrated excellent levels of progression, (within 2% of the qualification totals) and show podium potential for future Commonwealth Games consider the individual for selection.

### Selection process

The Weightlifting Wales performance group will be the Selection Panel.

The Performance Group consists of: Ray Williams (Head Coach), Roy Headey (Board Director) Simon Roach (Strategy & Development Manager).

Team selection will take place week beginning 28<sup>th</sup> June 2021 and the team will be announced within the following two weeks.

The panel will have to take COVID-19 into consideration when selecting the team for this event. The team size of lifters and support staff will likely be much smaller than usual, due



to the ongoing COVID-19 situation. As per the statement at the beginning of this policy, WW reserve the right to select a small team and to travel for the shortest period of time, or to not send a team, should it be determined that there is considerable health and safety risks to the team in doing so.