



Women's Weightlifting Grand Prix Championships 2022

Athlete Selection Policy

Introduction

This document provides detail on the process by which Weightlifting Wales will arrive at its selection of athletes for the Women's Weightlifting Grand Prix Championships.

This policy has been constructed by the Performance Manager and Strategy Manager in collaboration with the Selection Panel of Weightlifting Wales.

In all cases, selection decisions made are final and there is no appeals process.

Weightlifting Wales will only select those athletes that have qualified under the Weightlifting Wales selection criteria stated below.

Selection Policy Aim

This Selection Policy has been created in line with Weightlifting Wales strategic aims of

1. Elite Weightlifters competing successfully at major international events.
2. Talented athletes working towards becoming elite.

The policy has therefore been structured to select a team with the following aims:

- To provide every opportunity to the Commonwealth Games long list athletes to prepare fully for the 2022 Commonwealth Games
- To provide every opportunity to the developing Welsh athletes to gain experiences as a person and athlete to aid future progress.



Athlete Eligibility

All athletes must be eligible to compete by nationality for Wales as per the CGF Constitution. Each athlete must either have been:-

- Born in Wales;
- Have a Welsh parent; or
- Have been granted Welsh residency

Selection criteria

1. The qualifying period begins 1st January 2021 and ends 14th February 2022 and will include the results from the Weightlifting Wales athlete data base*
2. Elite athlete selection will depend on their placing within the Commonwealth Games long list.
3. Development athlete selection will depend on the results achieved in the qualification period with athletes achieving 95% or higher of the Commonwealth progression standards considered from the following age groups u15, u17, u20, u23.
4. All athletes must be members of Weightlifting Wales.

Other Selection Factors for Consideration

Where an athlete has demonstrated excellent levels of progression, resulting in a projected trajectory which indicates the athlete as future talent the selection panel may select at their discretion

Selection process

The Weightlifting Wales Selection Panel will consist of Ray Williams (Performance Manager), Nathan Stephens (Board Director), Ross Miller (Board Director) and Simon Roach (Strategy & Development Manager). Team selection will take place in March 2022 and the team will be announced in March/April.



*** *Weightlifting Wales athlete data base***

Weightlifting Wales athlete data base monitors all Welsh BARs registered competitions, all British National championships, Welsh and British representation at international competitions. Where an athlete has competed in a tier 3 event in another home nation it is their responsibility to contact Weightlifting Wales with the results. The relevant scoresheet will then be sourced to update the data base.

*** *Commonwealth progression standards***

Standards are based on analysis of medal zones across previous Commonwealth Games with regression from the medal standard based on the progress rates of medal winning UK athletes.