

Nifty Sixties
Outreach
Development Officer

Job Description

Outreach Development Officer

Department: Development

Reporting to: N60s Management Group

Hours of Employment: TBC

Salary: £18.5k per annum

Key Interface: Five identified Community Hubs,

Future Locations: All Areas TBC

Job Summary: Development - To develop and grow fitness interventions to the over 60 years population within outreach communities on Anglesey.

Key Tasks:

- Implementation of regular fitness training for over sixty-year-olds
- Build and increase participation wider community of Anglesey
- Create and develop local pathway
- Effectively establish relationships with local authority, community, and public bodies to increase awareness of health and fitness for participants
- Promote N60s programme to communities via roadshows and workshops
- Increase provision
- Support and encourage the growth of the programme

Holyhead and Anglesey Weightlifting Fitness Centre
Company Number CIC

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- Provide support and advice for new and developing outreach clubs in conjunction with the management group
- Provide a quarterly progress report to the management group
- Responsible for ensuring that equality standards are met on a daily basis and that the equality policy is adhered to

The successful candidate will have experience, knowledge and skills in the following areas:

- Training special population methodology and practice
- Health and fitness specific knowledge
- Progressive training programmes
- Experienced, knowledgeable, and qualified
- ICT skills
- Commitment to learn Welsh language

Person Specification:

- Initiative, intrapersonal skills and teamwork: the ability to work both independently and as part of a team
- Excellent communication skills: the ability to effectively communicate and build relationships with a wide range of external agencies e.g. Local authorities, etc.
- Excellent time management and organisational skills: the ability to monitor and deliver plans
- A keen interest to drive and increase participation in fitness for older population
- A willingness to learn and share ideas
- Excellent people management skills, with the ability to organise, inspire and motivate others effectively
- Must demonstrate a thorough approach to work
- Integrity and high ethical standards
- A 'can do' attitude; willingness to solve problems and find solutions

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- Ability to build trust and confidence within Hubs
- Self-disciplined, motivated and reliable
- Full clean driving license

- Candidates must hold a Level 2 fitness training qualification, be first aid trained, and have attended a special population fitness training course. Training will be provided for successful candidate
- The post is subject to an enhanced DBS check

The successful candidate will be expected to adhere to the HAWFC Code of Conduct and adopt its values surrounding safeguarding and equality. The successful candidate will be required to work some evenings and weekends and will be required to travel as part of this role.

As N60s develops and evolves, so may the duties and roles of the Outreach Development Officers. Such changes will be discussed with staff prior to implementation.

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