

Weightlifting Wales Board of Directors Nomination Form

Use this form to provide useful information about the nominee and to inform Weightlifting Wales of their skills and qualities. The information provided will be shared with the membership in order for them to vote in the election.

Personal information, such as email addresses, contact numbers and membership numbers **will not** be shared. The names of those nominating and seconding nominations **will be** shared.

Weightlifting Wales will retain this information for **6 months** after the recruitment process.

NAME OF NOMINATOR:

MATTHEW DE FILIPPO

NAME OF PERSON SECONDING THE NOMINATION:

JASON STEPHENSON

NAME OF NOMINEE:

FILIP TAYLOR

Briefly describe why you believe this person would be suited to joining the Board of Directors:

It is with great confidence that I can provide a recommendation for Mr. Filip Taylor to fill the position on Weightlifting Wales' Board of Directors. We have known Filip, competed with and against him for the past 5 years now and we strongly believe that he has everything it takes to

be a successful member of the Executive Board.

In the years we have known Filip, we have long admired his dedication towards the sport of weightlifting and his commitment to introducing new person(s) to weightlifting. Having coached and volunteered at both the Cardiff Metropolitan University Weightlifting club and heading up the Cardiff University Barbell Club for two years as president. His remaining free time around his academic endeavors were spent building a community of athletes at his local Weightlifting Club, evidenced by the thriving evening sessions and growing memberships during his time.

Filip is also a BWL Level 2 certified coach and co-owner of Stash Weightlifting supplies (<https://www.stashweightlifting.com/>), a company that develops its own weightlifting straps, EAB tape, and other accessories, in addition to weightlifting programming for athletes of all levels. The primary reason he developed this project was with an aim to give return the appreciation he has for the sport, working on several extended writing projects including a beginners guide to all things weightlifting and several free articles guiding readers through the intricacies of the sport and competition.

In addition to this dedication for the sport, through his company, and his position as Senior Environmental Consultant and Project Manager within a multidisciplinary consultancy firm, it is certain that he has excellent managerial, commercial, and interpersonal skills and someone who can be counted on to get to give direction, critically assess and offer pragmatic solutions.

Filip holds utmost of integrity in character, as the Weightlifting Wales community is aware. That, combined with the fact that Filip already possess the type of experience that is required of this nature, makes him a good fit for Weightlifting Wales' representative.

I strongly believe that Filip Taylor would serve Weightlifting Wales and the weightlifting community well, sitting on the Board of Directors. Filip will bring with him enthusiasm, knowledge, professionalism, and integrity.

Sincerely,
Matthew De Filippo & Jason Stephenson

Any current organizational affiliations (names of the organization and their role(s):
n/a

Any sports experience that they have:

- Multiple weightlifting competitions to British Senior and European U23 Championship level
- Several years of rugby, strength and conditioning and other recreational sporting activities with involvement in both teams and as an individual.

Any professional experience they have:

Filip has had a very interesting and rapidly progressing professional career to date, completing his MSc at Cardiff University in 2019 and rising through to a Senior role by mid-2022. Working within the Environmental and Geotechnical engineering sectors, currently as a Senior Consultant and Project Manager, Filip has found himself instrumental to the growth and expansion of Environmental Compliance Ltd. ("ECL") supporting the three current Directors on both business development, marketing, strategy and commercial aspects of company operations. Now seeking to expand within Europe on joint ventures with corporations in both Poland and Italy.

He has worked across the United Kingdom with several private and government sector clients and also abroad, notably on projects in Panama with the Panama Canal Authority. Besides technical project support and consultancy, Filip also manages the Geotechnical and Geo-Environmental teams at ECL, collaborating with several specialist 3rd parties, delivering projects from the small-scale for local business' through to larger scale Developments of National Significance for the Welsh Assembly Government.

Filip's professional experience, managing multiple stakeholders, contractors and clients and their expectations, curating proposals, and delivering projects within defined timescales and budgets is evidence of his commercial experience and awareness as well as his technical ability which we believe would be of great compliment to the skillset already held by the Weightlifting Wales board of directors.

Any volunteering experience they have:

Filip has volunteered within his local communities from an early age, including retail experience as part of the Duke of Edinburgh Award he partook in, pastoral care and tutoring at after school clubs and within the Polish community in Bristol and more recently through university clubs and societies, including the Weightlifting clubs, aforementioned.

Whilst juggling an increasingly busy schedule, Filip has great time management skills and always makes time for the things which matter to him most and wherever possible assists the club, Llanelli Weightlifting Academy and his slightly more local Evolution Fitness WL club, with their endeavors to promote and grow the sport of weightlifting.

Filip will always be seen making time for fellow gym goers, providing advice, guidance, and reassurance for members of the community. He is an integral part and asset to the community.

Which of their skills would they utilize on the Board?

Filip brings with him visionary leadership and creativity, involving clearly stating goals, outlining strategic plans for achieving these goals, and working with colleagues and teams on the Board of Directors together to help deliver result and progress the sport of weightlifting. He is adept in, amongst others, managerial and commercial skills, strategic thinking, communication, empathy, and adaptability. He is always seeking to improve his personal development which I believe is a key quality that any person(s) on the level should possess.

If the nominee was to be successful in being elected onto the Board, they would be required to attend four board meetings annually (held on a quarterly basis), additional ad-hoc meetings where necessary, plus any additional sub-group meetings where required, and the Annual General Meeting, held usually in the autumn of each year. They will also be required to complete a Declaration of Conflicts of Interest form and sign our Code of Conduct for Board Members. Elected members serve a term of three years, they may be elected for additional terms, but no member may serve more than a total of nine years.

