

Weightlifting Wales Board of Directors Nomination Form

Use this form to provide useful information about the nominee and to inform Weightlifting Wales of the nominee's skills and qualities. The information provided will be shared with the membership for them to consider before voting in the election.

Personal information, such as email addresses, contact numbers and membership numbers **will not** be shared. The names of those nominating and seconding nominations **will be** shared.

Weightlifting Wales will retain this information for **6 months** after this process.

NAME OF NOMINATOR:

ANIA NEGELE

YOUR CONTACT NUMBER:

██████████

YOUR MEMBERSHIP NUMBER:

██████

YOUR EMAIL ADDRESS:

██

NAME OF PERSON SECONDING THE NOMINATION:

CALLI ROUSE

THEIR CONTACT NUMBER:

██████████

THEIR MEMBERSHIP NUMBER:

██████

THEIR EMAIL ADDRESS:

[REDACTED]

NAME OF NOMINEE:

ROSS MILLER

THEIR CONTACT NUMBER:

[REDACTED]

[REDACTED]

Briefly describe why you believe this person would be suited to joining the Board of Directors:

This individual would be well-suited to join the Board of Directors due to their extensive weightlifting background, coaching experience at all levels, and successful ownership of a club, which provides valuable insights into the sport's demands and challenges allowing them to better understand the needs of multiple stakeholders. They have board experience, and a strong foundation of governance, and safeguarding training. This experience coupled with their passion, long-term vision, and ability to make decisions considering multiple perspectives (athlete, coach, club owner, board member, and parent) would contribute to well-rounded, strategic decision-maker for the organization and its members.

To be completed by the nominee:

Any current organizational affiliations (names of the organization and their role(s)):

Welsh Weightlifting Board Member

Any sports experience that you have:

**Founded and operated SA1 Olympic lifting and Crossfit SA1 for over ten years.
(Coached over 15 plus champions in different sports)**

Any professional experience you have:

Founding and Operating two successful gyms in the fitness industry

Any volunteering experience you have:

Coaching at SA1 Olympic Lifting

Which of your skills would they utilize on the Board?

- *Being a board member for the last 3 years**
- *Approachable for members**
- *Coached both grassroot, all the way unto elite level**

If the nominee was to be successful in being elected onto the Board, they would be required to attend four board meetings annually (held on a quarterly basis), additional ad-hoc meetings where necessary, plus any additional sub-group meetings where required, and the Annual General Meeting, held usually in the autumn of each year. They will also be required to complete a Declaration of Conflicts of Interest form and sign our Code of Conduct for Board Members. Elected members serve a term of three years, they may be elected for additional terms, but no member may serve more than a total of nine years.

Please continue onto the next page.

Nominee signature: R. Miller