

WELSH PARA POWERLIFTING OPEN - Bangor University, 12th February 2022

Group 1: Para Powerlifting

lot no.	NAME		Club	cat	B/W	BENCH kg			BEST LIFT	AH formula	AH	Position
						1	2	3				
41	Rachel	Leck	Unattached	over 61	68.60	62	64	66	66	0.923134	60.93	1
16	Gemma	Kemble-Stephenson	Unattached	over 61	129.00	<del>65</del>	70	75	75	0.757731	56.83	2
24	Caroline	Buckle	Unattached	over 61	106.50	58	61	<del>67</del>	61	0.772507	47.12	3
23	Scott	Taylor	SPWLC	over 72	109.50	120	<del>125</del>	<del>125</del>	120	0.814603	97.75	2
57	Sean	Gaffney	Unattached	over 72	107.80	140	155	167	167	0.819922	136.93	1

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Group 2: Female U10, U12 & U15

lot no.	NAME		Club	Age Group	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Position
							1	2	3	1	2	3	SN	JERK			
31	Maisy	Roberts	Unattached	U10	30	26.60	12	<del>14</del>	14	15	17	20	14	20	34	92.66	1
							4	0	4	8	8	8	32		66		
86	Ava	Abed	SW1 S & C	U10	40	37.5	10	12	<del>14</del>	13	15	18	12	18	30	56.98	1
							1	1	0	6	7	4	19		49		
76	Cerys	Davies	SW1 S & C	U12	45	42.60	<del>20</del>	21	23	<del>29</del>	29	31	23	31	54	91.55	1
							0	1	1	0	5	4	11		65		
1	Lottie	Rees	SW1 S & C	U12	49	48.60	11	13	16	<del>17</del>	17	19	16	19	35	53.38	1
							3	4	4	0	7	7	25		60		
79	Della	Pemberton	Diamond WL	U12	71+	89.80	<del>25</del>	25	<del>27</del>	25	<del>28</del>	<del>29</del>	25	25	50	54.44	1
							0	1	0	7	0	0	8		58		
5	Jamie	Hughes	Diamond WL	U15	49	48.50	20	22	24	24	27	30	24	30	54	82.49	2
32	Emma	Slocombe	Dragon Athletic	U15	49	48.80	30	33	<del>36</del>	40	<del>43</del>	<del>43</del>	33	40	73	110.99	1
52	Grace	Morris	SAW	U15	81+	89.50	45	48	<del>51</del>	63	67	70	48	70	118	128.62	1
48	Mia	Evans	Diamond WL	U15	81+	92.40	25	28	32	<del>30</del>	30	35	32	35	67	72.26	3
90	Daisy	Mellors	Diamond WL	U15	81+	95.30	25	28	32	30	35	40	32	40	72	76.91	2

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Group 3: Male U12, U15 & U17

LOT	NAME		Club	Age Group	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Position
							1	2	3	1	2	3	SN	JERK			
46	Zach	Jones	SW1 S & C	U12	40	33.90	17	19	21	22	25	27	21	27	48	115.27	1
							4	4	4	8	5	8	33		81		
64	Owen	Wilson-jones	Diamond WL	U12	40	31.30	13	15	17	15	18	*20	17	18	35	91.73	2
							2	2	2	4	5	0	15		50		
97	Charlie	Ellis-Perry	Diamond WL	U12	40	33.80	12	*14	14	13	15	17	14	17	31	74.68	3
							2	0	1	3	4	2	12		43		
2	Luca	Jones	Diamond WL	U12	61	55.20	13	15	17	15	17	*19	17	17	34	52.38	1
							2	3	2	4	3	0	14		48		
93	Sean	Davies	SW1 S & C	U15	55	52.20	37	*40	42	49	52	55	42	55	97	156.00	1
53	Llewellyn	Waits	Unattached	U15	67	64.80	40	43	46	50	55	60	46	60	106	145.99	1
11	Daniel	Davies	SAW	U17	73	71.00	82	85	87	105	108	110	87	110	197	256.45	1
91	Seamus	Leonard -Thomas	Diamond WL	U17	81	79.00	50	55	*60	70	75	80	55	80	135	165.68	1
13	Bryn	Astrop	Diamond WL	U17	96	94.50	68	72	76	82	87	92	76	92	168	189.91	1

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Group 4: Female U17, U20 & U23

lot no.	NAME		Club	Age Group	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Position
							1	2	3	1	2	3	SN	JERK			
59	Nevaeh	Parry	Diamond WL	U17	49	48.30	23	26	30	30	35	-40	30	35	65	99.60	1
50	Millie	Lerwill	Unattached	U17	59	53.20	48	52	-55	58	-62	-62	52	58	110	157.09	1
62	Ffion	Barnikel	SAW	U20	55	51.50	37	40	-43	47	50	53	40	53	93	135.90	1
73	Charlotte	Whalley	SAW	U20	59	58.10	-63	63	67	83	86	-88	67	86	153	206.04	1
56	Alys	Le Roux	Breeze's WL Academy	U20	64	62.20	46	49	51	55	-59	60	51	60	111	143.36	1
74	Ella	Rees	Breeze's WL Academy	U20	64	60.40	37	39	41	49	51	53	41	53	94	123.56	2
25	Seren	Mitchell	SAW	U20	81	78.00	45	48	50	63	66	71	50	71	121	139.14	1
99	Ellie	Pryor	Breeze's WL Academy	U23	59	59.00	63	-65	-65	84	-87	-87	63	84	147	196.04	1
40	Bethany	Randall	Breeze's WL Academy	U23	64	62.50	67	70	72	80	84	86	72	86	158	203.48	1

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Group 5: Male U20 & U23

lot no.	NAME		Club	Age Group	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
84	Caleb	Griffiths		U20	67	66.20	-78	78	-81	100	104	-106	78	104	182	247.25	1
65	Cian	Green	Bangor Uni WL	U20	73	70.90	92	96	100	117	123	130	100	130	230	299.65	1
44	Joseph	Webb	Loughborough Uni PL & WL	U20	81	79.10	-80	80	-84	105	110	-115	80	110	190	233.02	1
22	Liam	Davies		U20	89	87.30	92	96	-100	-123	123	126	96	126	222	259.57	1
28	Kyle	Colella	SAW	U20	96	91.60	87	90	-93	118	121	125	90	125	215	246.17	1
19	Lewis	Thomas		U23	81	77.20	86	-90	90	110	115	120	110	120	230	285.70	1
3	Harry	Nelms		U23	96	95.70	117	121	125	-160	160	166	125	166	291	327.32	1