

## Open Para Powerlifting

### Group 1

LOT	NAME		Club	RH	cat	B/W	BENCH kg			BEST	AH COEFFICIENT	AH
							1	2	3			
651	Evelyn	Thomas	SAW	7	64	62.5	56	58	-60	58	0.960892	55.73
949	Caroline	Buckle	Yorkshire Strength	8	87+	106.7	65	70	72	72	0.771948	55.58
174	Gemma	Kemble-Stephenson	Unattached	10	87+	125.6	80	-83	83	83	0.757731	62.89
858	Scott	Taylor	SPWLC	8	96	104.8	125	-130	130	130	0.829650	107.85
489	Sean	Gaffney	Unattached	11	109+	111.9	145	155	-165	155	0.807318	125.13
969	Matthew	Smyth	Unattached	10	109+	146.1	120	-130	130	130	0.725423	94.30

## Welsh Senior Championships 2022

### Group 2

LOT	NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
470	Dionn	Hargreaves	Stockport Spartans	125	55	53.7	50	-53	53	67	-70	-72	53	67	120	174.79	2
823	Sinead	Lenihan	Unattached	145	55	53.6	64	67	-70	83	-87	-87	67	83	150	218.77	1
749	Charlotte	Whalley	SAW	160	59	58.3	-70	70	-74	83	87	-91	70	87	157	216.12	1
561	Millie	Lerwill	Unattached	125	59	55.3	55	58	-60	65	68	70	58	70	128	182.62	2

## Welsh Senior Championships 2022

### Group 3

LOT	NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
56	Ben	Foggo	Unattached	205	61	59.5	90	<del>-94</del>	<del>-94</del>	107	<del>-110</del>	110	90	110	200	293.08	1
739	Garin	Beams	Club 646	221	67	65.8	<del>-101</del>	101	<del>-104</del>	122	<del>-126</del>	<del>-126</del>	101	122	223	305.36	1
313	Cian	Green	Bangor University	230	73	72.4	98	<del>-103</del>	<del>-104</del>	124	129	<del>-137</del>	98	129	227	293.24	1
252	Scott	Maynard	Unattached	218	73	72.3	90	94	<del>-97</del>	120	124	127	94	127	221	285.72	2
521	Daniel	Davies	SAW	219	81	74.9	92	96	<del>-100</del>	118	122	125	96	125	221	280.05	4
89	Edward	Gibson	Unattached	238	81	80.2	104	107	<del>-110</del>	134	137	140	107	140	247	301.78	3
48	Michael	Farmer	Unattached	286	81	74.5	115	125	130	148	155	<del>-165</del>	130	155	285	362.23	1
814	William	Ridge	Bangor University	245	81	80.7	106	110	114	140	144	147	114	147	261	317.87	2

## Welsh Senior Championships 2022

### Group 4

LOT	NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
849	Bethan	Watkins	Unattached	170	64	63.4	76	<del>-79</del>	<del>-79</del>	95	<del>-100</del>	<del>-100</del>	76	95	171	223.26	2
24	Bethany	Randall	Unattached	158	64	62.6	70	73	75	<del>-88</del>	88	<del>-91</del>	75	88	163	214.46	3
402	Danielle	Williams	Club 646	144	64	63.5	<del>-70</del>	<del>-73</del>	<del>-73</del>	*	*	*	-70	0	0	0.00	
361	Jo	McEwan	Wisdom 4 WL	178	64	63.9	<del>-78</del>	78	80	95	<del>-98</del>	<del>-98</del>	80	95	175	227.40	1
349	Megan	Dixon	Unattached	163	64	63.4	<del>-70</del>	70	<del>-73</del>	<del>-90</del>	90	<del>-94</del>	70	90	160	208.89	4
474	Chloe	Hood	SAW	181	71	69.4	73	76	80	93	97	<del>-100</del>	80	97	177	219.45	1
80	Molly	Greenwood	Number 1	165	71	65.7	68	<del>-73</del>	<del>-73</del>	82	85	91	68	91	159	203.27	2
697	Tracy	Rosser	SA1	151	71	69.3	65	69	<del>-71</del>	75	78	81	69	81	150	186.12	3
863	Niamh	Collins	Loughborough University	172	87	82.3	<del>-69</del>	<del>-69</del>	69	89	93	<del>-96</del>	69	93	162	184.98	1

## Welsh Senior Championships 2022

### Group 5

LOT	NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
409	Leighton	Yates	HAWFC	220	89	83.60	92	96	<del>100</del>	<del>120</del>	<del>120</del>	120	96	120	216	258.50	1
865	Timothy	Williams	Oxford PowerSports	243	89	87.80	107	112	<del>116</del>	<del>130</del>	<del>130</del>	<del>130</del>	112	<del>130</del>	0	0.00	
290	Harry	Nelms	Unattached	294	96	91.10	124	128	<del>132</del>	161	<del>167</del>	<del>167</del>	128	161	289	332.57	1
79	Kyle	Colella	SAW	227	96	92.90	90	95	98	120	<del>125</del>	<del>125</del>	98	120	218	248.80	2
921	Filip	Taylor	Coleg Sir Gar	285	102	99.00	116	<del>121</del>	122	145	150	155	122	155	277	308.30	1
154	Joseph	Walton	Unattached	299	109+	122.50	130	135	<del>141</del>	160	170	<del>177</del>	135	170	305	318.15	1