

Welsh Masters Open and Autumn Open 2025 - Haverfordwest, Pembrokeshire

Saturday 13th September Scoresheet (Group 1 - 6)

Group 1 - Welsh Autumn Open (W44 - W69 YOUTH GIRLS)

Group 1 - Welsh Autumn Open (W44 - W69 YOUTH GIRLS)			Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME	Club				1	2	3	1	2	3	SN	JERK			
807	Lilly	ROACH <i>SAW - Strength Academy Wales</i>	35 kg	N/A (under 12's)		12	14	16	21	23	-25	16	23	39		
						4	4	4	8	8	5			33		2
763	Bella	RYAN <i>UNATTACHED</i>	37 kg	N/A (under 12's)		14	16	-18	21	23	25	16	25	41		
						3	3	1	7	7	8			29		3
459	Zuzanna	TROJAKOVA <i>Llanelli Weightlifting Academy</i>	65 kg	N/A (under 12's)		30	32	34	35	39	41	34	41	75		
						4	4	4	8	8	8			36		1
201	Isabella	PHILLIPS <i>SAW - Strength Academy Wales</i>	25 kg	W44		8	10	-11	13	15	17	10	17	27	48.79	1
830	Nia	GOODWAY <i>UNATTACHED</i>	82 kg	W53		32	34	-37	43	45	48	34	48	82	124.24	1
278	Arianwen	WILLIAMS <i>Llanelli Weightlifting Academy</i>	67 kg	W58		28	31	33	45	47	50	33	50	83	120.59	2
964	Emily	HATFIELD <i>Llanelli Weightlifting Academy</i>	75 kg	W58		-27	27	-29	39	-41	-41	27	39	66	92.03	3
301	Hazel	WILLIAMS <i>SAW - Strength Academy Wales</i>	94 kg	W58		40	43	45	53	56	-59	45	56	101	143.05	1
436	Anni	WILLIAMS <i>Evolve Weightlifting</i>	75 kg	W63		30	33	-36	43	47	-50	33	47	80	105.22	2
551	Sienna	JONES <i>Evolve Weightlifting</i>	105 kg	W63		44	-47	47	60	63	-66	47	63	110	145.11	1
864	Martha	CULL <i>UNATTACHED</i>	20 kg	W69		27	30	33	35	39	42	33	42	75	94.99	3
807	Ava	WYN <i>Evolve Weightlifting</i>	97 kg	W69		-43	-43	43	57	60	-63	43	60	103	128.33	2
543	Poppy	JAMES <i>Evolve Weightlifting</i>	103 kg	W69		41	44	47	57	60	63	47	63	110	140.83	1

Group 2 - Welsh Autumn Open (M56 YOUTH - M110+)

Group 2 - Welsh Autumn Open (M56 YOUTH - M110+)				Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
LOT	NAME		Club				1	2	3	1	2	3	SN	JERK			
444	Zach	JOHN	SAW - Strength Academy Wales	85 kg	M60		36	38	40	45	48	51	40	51	91	145.70	
872	Lucas	PHILLIPS	SAW - Strength Academy Wales	86 kg	M60		38	-41	-41	49	52	54	38	54	92	142.77	
719	Sion	COLEMAN	Evolve Weightlifting	142 kg	M60		60	-63	-63	-78	78	82	60	82	142	224.79	
793	Macsen	LLEWELLYN-OWEN	Llanelli Weightlifting Academy	118 kg	M65		47	49	51	71	74	-76	51	74	125	190.11	
382	Dominic	MEHANDJIEV	UNATTACHED	111 kg	M71		42	45	47	65	68	-70	47	68	115	159.36	
290	Theo	GRAHAM	Evolve Weightlifting	189 kg	M71		-83	84	89	100	106	111	89	111	200	274.29	
873	Louis	WILLIAMS	Evolve Weightlifting	128 kg	M79		60	64	-68	80	85	90	64	90	154	205.88	
782	Rhys	PILLEY	New Wave Weightlifting	174 kg	M88		80	-84	84	-103	-106	-106	84	-103	-19	-23.53	
450	Daniel	DAVIES	SAW - Strength Academy Wales	250 kg	M88		102	106	110	133	137	141	110	141	251	308.91	
488	Ollie	EBENEZER	UNATTACHED	273 kg	M88		118	122	126	-146	148	154	126	154	280	342.48	
127	Cameron	LEWIS	UNATTACHED	200 kg	M94		95	-100	-102	110	-116	-118	95	110	205	249.18	
229	Rhys	TAPLIN	UNATTACHED	220 kg	M110+		-91	91	95	-114	115	x	95	115	210	225.55	

Group 3 - Welsh Autumn Open (Para Powerlifting)

LOT	NAME		Club	Rack Height	Announced Total	Bodyweight Category	B/W	BENCH kg			BEST	AH COEFFICIENT	POS
								1	2	3			
632	Sara	JONES	Llanelli Weightlifting Academy	2	50 kg	W55		48	-50	50	50	60.180000	2
234	Miranda	BUTTON	UNATTACHED	3	81 kg	W55		84	-89	-89	84	106.250000	1
373	Evelyn	THOMAS	SAW - Strength Academy Wales	10	75 kg	W67		70	73	75	75	78.240000	1
719	Joshua	GRIST	UNATTACHED	6	92 kg	M59		93	97	100	100	103.900000	1
763	Craig	WALTON	UNATTACHED	14	120 kg	M88		131	135	-138	135	87.570000	1
651	Ethan	Backhurst	UNATTACHED	3	70 kg	M49		70	75	80	80	110.470000	1

Group 4 - Welsh Masters Open (Women's Masters)

LOT	NAME		Club	Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Q-Masters points	Pos
							1	2	3	1	2	3	SN	JERK			
187	Philippa	FOX	Crazy Strength	102 kg	W58		-35	37	-40	52	-55	56	37	56	93	140.24	1
839	Lindsay	ATKINSON	Club 646 Weightlifting	130 kg	W63		56	59	62	73	77	80	62	80	142	209.66	1
443	Caroline	HURLEY	Llanelli Weightlifting Academy	92 kg	W69		38	41	-43	-55	-55	55	41	55	96	144.97	1
521	Penny	PEARSON	UNATTACHED	141 kg	W77		-70	70	73	80	83	-86	73	83	156	209.96	1
617	Sue	OSBOURNE	New Wave Weightlifting	61 kg	W86+		30	-33	-33	33	35	-37	30	35	65	122.04	1

Group 5 - Welsh Masters Open (Men's Masters)

LOT	NAME		Club	Announced Total	Bodyweight Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Q-Masters points	Pos
							1	2	3	1	2	3	SN	JERK			
937	Paul	CHANDLER	Unit 12 Olympic Weightlifting	125 kg	M79		52	-54	54	70	73	75	54	75	129	256.87	2
684	Lloyd	GRIFFITH	New Wave Weightlifting	183 kg	M79		80	82	84	96	100	102	84	102	186	269.71	1
335	Tom	BENNETT	New Wave Weightlifting	165 kg	M94		75	78	-80	95	-97	-97	78	95	173	228.02	1
572	Ross	MILLER	UNATTACHED	175 kg	M94		85	90	94	105	111	115	94	115	209		GUEST
123	Chris	JENKINS	UNATTACHED	210 kg	M110		-90	-90	-90	✖	✖	✖	X	0	x		

Group 6 - Welsh Autumn Open (W53 - W86+)

Group 6 - Welsh Autumn Open (W53 - W86+)			Announced Total	Bodyweight Category	B/W	SNATCH kg			CLEAN & JERK kg			BEST		TOTAL	Sinclair	Pos	
LOT	NAME	Club				1	2	3	1	2	3	SN	JERK				
353	Esther	GIMBLETT	Llanelli Weightlifting Academy	111 kg	W53		48	-50	-51	62	64	66	48	66	114	178.82	1
321	Kiani	GELDARD	New Wave Weightlifting	133 kg	W63		57	-59	-59	69	71	-74	57	71	128	169.52	2
563	Bethan	WATKINS	UNATTACHED	178 kg	W63		-79	-80	80	98	100	-103	80	100	180	236.29	1
294	Celyn	MILLERSHIP	SAW - Strength Academy Wales	125 kg	W69		52	55	57	69	72	-75	57	72	129	161.36	2
510	Holly	KNOWLES	New Wave Weightlifting	160 kg	W69		64	66	68	90	92	94	68	94	162	202.64	1
672	Fatiha	NUR PRATIWI	CUBC - Cardiff University Barbell Club	62 kg	W77		27	29	31	35	38	-41	31	38	69	84.62	2
934	Georgia	KNOWLES	UNATTACHED	99 kg	W77		44	47	-50	52	-55	-55	47	52	99	116.83	1
531	Sabrina	BUTLER	UNATTACHED	190 kg	W77		-83	-83	-83	100	104	107	-83	107	0	0.00	