

WEIGHTLIFTING WALES RANKINGS

Weightlifting Wales athlete database monitors all Welsh sport 80 registered competitions, all British National championships, Welsh and British representation at international competitions.

If an athlete has competed in a tier 3 event in another home nation it may not appear in the WW rankings. To add these results please email the relevant competition results/scoresheet to office@weightlifting.wales

AGE CATEGORIES

Use your age on the 31 December of the competing year.

UNDER 15	
YOUTH:	13-17
JUNIOR:	15-20
UNDER 23:	21-23
SENIOR:	≥24
MASTER:	≥35

BODYWEIGHT CATEGORIES

MALE KG	FEMALE KG	
M49	F40	YOUTH ONLY
M55	F45	
M61	F49	
M67	F55	
M73	F59	
M81	F64	
M89	F71	
M96	F76	
M102	F81	
M102+	F81+	YOUTH ONLY
M109	F87	
M109+	F87+	

TOTAL

Total = Snatch + clean & jerk

The totals displayed are from competitions only. Your total is made up of your heaviest snatch plus your heaviest clean and jerk in a competition.

SINCLAIR TOTAL

A sinclair total is used to compare results across different bodyweight categories.

[How to work out sinclair total](#)

COMMONWEALTH PATHWAY STANDARD (CWPS %)

Standards are based on analysis of medal zones across previous Commonwealth Games with regression from the medal standard based on the progress rates of medal-winning UK athletes. Totals displayed by age and weight categories.

[Female Commonwealth Pathway Standard \(CWPS\)](#)

MALE OVERALL RANKINGS 2024

01/01/2024-31/12/2024

Position	Full Name	Age	Category	Total	Sinclair	% of CWPS
1st	Michael Farmer	Senior	M73	285	385.81	106%
2nd	Harry Nelms	Senior	M96	301	351.92	99%
3rd	Alex Moseley	Senior	M96	293	349.5	97%
4th	Edward Gibson	U20	M89	281	340.7	104%
5th	Theo Morris	U23	M89	281	340.6	94%
6th	Rhodri West	Master	M102	291	335.35	95%
7th	Liam Rodgers	Senior	M109+	305	331.42	93%
8th	Harry Misangyi	Senior	M96	280	327.22	92%
9th	Cian Green	U23	M81	244	323.33	91%
10th	Daniel Davies	U20	M81	250	318.37	100%
11th	Oliver Godwin	U23	M89	260	316.03	93%
12th	Seth Casidsid	Master	M61	205	312.53	84%
13th	Llewellyn Waits	U17	M61	198	307.46	104%
14th	Lewis Thomas	Senior	M81	239	306.8	84%
15th	Luke Fletcher	U20	M89	247	305.17	98%
16th	Timothy Williams	Senior	M89	250	303.79	84%
17th	Garin Beams	U23	M73	216	302.12	80%
18th	Bryn Astrop	U20	M96	250	296.77	98%
19th	Morgan Phillips	Senior	M96	249	295.66	82%
20th	Thomas Duggan	U15	M55	171	295.57	107%
21st	Carwyn Jones	Senior	M96	248	294.47	82%
22nd	Ben Foggo	U23	M61	189	287.97	80%
23rd	Llyr Gravell Davies	U20	M89	235	285	87%
24th	Kristian Baller	Master	M109	242	273.34	78%
25th	Jorgie Hughes-Lynch	U15	M67	191	272.8	98%

26th	Carl Rees	Senior	M96	230	270.18	76%
27th	Cian Mcgee	U17	M61	171	268.35	90%
28th	Louis Weston	Senior	M109+	251	264.1	77%
29th	Seamus Leonard -Thomas	U20	M73	192	258.82	84%
30th	Taylor Probets	Senior	M109	232	258.58	74%
31st	Ben Rees	U23	M81	192	255.13	72%
32nd	Alexander Lewis	Senior	M96	216	254.96	71%
33rd	Matthew Collins	U20	M89	205	254.37	69%
34th	Ryan Blakemore	Senior	M61	164	251.85	67%
35th	Jac Green	U15	M73	183	249.22	91%
36th	Josiah Kwok	Senior	M96	210	246.57	69%
37th	Paul Siddall	Master	M89	199	242.71	67%
38th	Rhys Taplin	Senior	M109+	214	236.13	65%
39th	Theo Graham	U17	M73	167	236.06	80%
40th	Osian Brown	U20	M73	167	227.53	73%
41st	Noah Ellson	U17	M55	130	227.27	78%
42nd	Charles Tempest	Master	M89	177	223.59	59%
43rd	Iwan Pemberton	U15	M61	141	220.9	77%
44th	Ray Williams	Master	M81	160	209.17	56%
45th	Tom Bennett	Master	M96	175	205.86	58%
46th	Tobie Poffley	U15	M67	137	203.72	74%
47th	Brychan Gilson	U17	M102+	184	202.74	71%
48th	Chris Turner	Senior	M102	175	201.93	57%
49th	Chad Collins	Senior	M96	168	197.96	55%
50th	Steve Jones	Master	M89	158	194.8	53%