

WELSH RECORDS

MEN UNDER 15

49kg

Snatch	Thomas Duggan	50	18.02.23
Jerk	Daniel Davies	64	08.12.18
Total	Daniel Davies	113	08.12.18

55kg

Snatch	Daniel Davies	52	02.02.19
Jerk	Daniel Davies	67	02.02.19
Total	Daniel Davies	119	02.02.19

61kg

Snatch	Daniel Davies	68	02.11.19
Jerk	Daniel Davies	87	30.11.19
Total	Daniel Davies	155	30.11.19

67kg

Snatch	Harvey Morris	75	08.12.18
Jerk	Leighton Yates	94	08.12.18
Total	Leighton Yates	166	08.12.18

73kg

Snatch	Llyr Gravell	70	15.12.19
Jerk	Llyr Gravell	86	15.12.19
Total	Llyr Gravell	156	15.12.19

81kg

Snatch	Standard	74	
Jerk	Standard	93	
Total	Standard	167	

89kg

Snatch	Standard	80	
Jerk	Standard	100	
Total	Standard	180	

96kg

Snatch	Standard	84	
Jerk	Standard	105	
Total	Standard	189	

102kg

Snatch	Standard	86	
Jerk	Standard	108	
Total	Standard	194	

102+kg

Snatch	Standard	90	
Jerk	Rhyddian Rees	120	08.12.18
Total	Rhyddian Rees	206	08.12.18

WELSH RECORDS

MEN UNDER 17

49kg

Snatch	Thomas Duggan	50	18.02.23
Jerk	Daniel Davies	64	08.12.18
Total	Daniel Davies	113	08.12.18

55kg

Snatch	Ben Foggo	78	08.12.18
Jerk	Daniel Davies	67	02.02.19
Total	Daniel Davies	119	02.02.19

61kg

Snatch	Ben Foggo	80	13.10.18
Jerk	Ben Foggo	95	02.03.19
Total	Ben Foggo	175	02.03.19

67kg

Snatch	Daniel Davies	84	28.11.21
Jerk	Daniel Davies	105	26.09.21
Total	Daniel Davies	189	28.11.21

73kg

Snatch	Daniel Davies	92	18.06.22
Jerk	Daniel Davies	121	18.06.22
Total	Daniel Davies	213	18.06.22

81kg

Snatch	Josh Lynch	105	11.07.19
Jerk	Josh Lynch	131	30.11.19
Total	Josh Lynch	236	30.11.19

89kg

Snatch	Luke Fletcher	101	04.12.22
Jerk	Liam Davies	123	26.09.21
Total	Luke Fletcher	220	04.12.22

96kg

Snatch	Rhyddian Rees	103	01.02.20
Jerk	Rhyddian Rees	137	01.02.20
Total	Rhyddian Rees	240	01.02.20

102kg

Snatch	Standard	96	
Jerk	Standard	120	
Total	Standard	216	

102+kg

Snatch	Standard	100	
Jerk	Standard	125	
Total	Standard	225	

WELSH RECORDS

MEN UNDER 20

55kg

Snatch	Ben Foggo	78	08.12.18
Jerk	Standard	75	
Total	Standard	135	

61kg

Snatch	Ben Foggo	90	29.01.22
Jerk	Ben Foggo	115	15.10.22
Total	Ben Foggo	205	15.10.22

67kg

Snatch	Michael Farmer	118	13.04.19
Jerk	Michael Farmer	146	11.07.19
Total	Michael Farmer	261	11.07.19

73kg

Snatch	Michael Farmer	118	12.10.19
Jerk	Michael Farmer	145	12.10.19
Total	Michael Farmer	263	12.10.19

81kg

Snatch	Rhodri Beynon	117	13.04.19
Jerk	Ed Gibson	140	03.12.22
Total	Rhodri Beynon	251	13.04.19

89kg

Snatch	Rhodri Beynon	119	05.10.19
Jerk	Rhodri Beynon	134	05.10.19
Total	Rhodri Beynon	253	05.10.19

96kg

Snatch	James Hart	112	05.10.19
Jerk	Rhyddian Rees	137	01.02.20
Total	James Hart	244	05.10.19

102kg

Snatch	Harry Nelms	120	30.11.19
Jerk	Harry Nelms	160	14.04.19
Total	Harry Nelms	277	14.04.19

109kg

Snatch	Jordan Sakkas	140	09.06.19
Jerk	Jordan Sakkas	178	13.10.19
Total	Jordan Sakkas	318	13.10.19

109+kg

Snatch	Standard	117	
Jerk	Standard	147	
Total	Standard	264	

WELSH RECORDS

MEN UNDER 23

55kg

Snatch	Ben Foggo	78	08.12.18
Jerk	Standard	80	
Total	Standard	144	

61kg

Snatch	Ben Foggo	90	29.01.22
Jerk	Ben Foggo	115	15.10.22
Total	Ben Foggo	205	15.10.22

67kg

Snatch	Michael Farmer	118	13.04.19
Jerk	Michael Farmer	146	11.07.19
Total	Michael Farmer	261	11.07.19

73kg

Snatch	Michael Farmer	134	11.12.21
Jerk	Michael Farmer	160	11.12.21
Total	Michael Farmer	294	11.12.21

81kg

Snatch	Michael Farmer	130	13.11.22
Jerk	Michael Farmer	155	13.11.22
Total	Michael Farmer	285	13.11.22

89kg

Snatch	Rhodri Beynon	119	05.10.19
Jerk	Standard	135	
Total	Rhodri Beynon	253	05.10.19

96kg

Snatch	Harry Nelms	131	18.06.22
Jerk	Harry Nelms	168	18.06.22
Total	Harry Nelms	299	18.06.22

102kg

Snatch	Harry Nelms	124	26.09.21
Jerk	Harry Nelms	168	29.01.22
Total	Harry Nelms	288	29.01.22

109kg

Snatch	Jordan Sakkas	148	11.12.21
Jerk	Jordan Sakkas	189	29.01.22
Total	Jordan Sakkas	335	11.12.21

109+kg

Snatch	Standard	120	
Jerk	Standard	150	
Total	Standard	270	

WELSH RECORDS

MEN SENIOR

55kg

Snatch	Ben Foggio	78	08.12.18
Jerk	Standard	91	
Total	Standard	164	

61kg

Snatch	Standard	94	
Jerk	Standard	118	
Total	Standard	212	

67kg

Snatch	Gareth Evans	125	08.04.19
Jerk	Gareth Evans	161	11.07.19
Total	Gareth Evans	286	11.07.19

73kg

Snatch	Michael Farmer	134	11.12.21
Jerk	Michael Farmer	160	11.12.21
Total	Michael Farmer	294	11.12.21

81kg

Snatch	Michael Farmer	130	13.11.22
Jerk	Michael Farmer	155	13.11.22
Total	Michael Farmer	285	13.11.22

89kg

Snatch	Standard	121	
Jerk	Standard	151	
Total	Standard	272	

96kg

Snatch	Harry Nelms	131	18.06.22
Jerk	Harry Nelms	168	18.06.22
Total	Harry Nelms	299	18.06.22

102kg

Snatch	Standard	128	
Jerk	Harry Nelms	168	29.01.22
Total	Standard	289	

109kg

Snatch	Jordan Sakkas	148	11.12.21
Jerk	Jordan Sakkas	189	29.01.22
Total	Jordan Sakkas	335	11.12.21

109+kg

Snatch	Joseph Walton	140	11.12.21
Jerk	Joseph Walton	176	11.12.21
Total	Joseph Walton	316	11.12.21