

Welsh Age Group Championships 1

LOT	NAME	Club	DOB	Cat.	Official Member ID	Age Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
								1	2	3	1	2	3	SN	JERK			
1	Annie Williams	Evolve S&C Club	2012-08-30	n/a	63361	U12		16	18	20	27	30	32	20	32			#N/A
								3	3	3	5	5	6			24		
2	Esmee Williams	CXF Weightlifting	2012-09-05	n/a	62289	U12		27	30	-32	35	37	40	30	40			#N/A
								3	2	1	8	8	8			30		
3	Macey Williams	Torfaen Strength Academy	2013-11-21	n/a	62676	U12		21	23	25	24	26	28	25	28			#N/A
								2	2	2	5	6	6			23		

Welsh Age Group Championships 2

LOT	NAME	Club	DOB	Cat.	Official Member ID	Age Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
								1	2	3	1	2	3	SN	JERK			
1	Thomas Duggan	Club 646 Weightlifting	2009-05-03	49	60975	U15	47.35	62	-64	-64	-73	-73	73	62	73	135		
2	Sion Coleman	Evolve S&C Club	2009-04-13	55	63903	U15	53.65	24	26	28	32	36	40	28	40	68		
3	Macsen Llewellyn-Owen	Coleg Sir Gar Llanelli	2009-06-02	49	63313	U15	46.6	23	25	28	40	43	46	28	46	74		
4	Tobie Poffley	Coleg Sir Gar Llanelli	2010-03-23	55	59682	U15	54.45	40	44	-49	0	0	0	44	0	44		
5	Zach Jones	CXF Weightlifting	2011-07-05	49	59722	U15	39.15	23	25	-27	33	35	37	25	37	62		
6	Ifan Owen	Coleg Sir Gar Llanelli	2009-04-17	67	63302	U15	64.35	40	44	-49	55	58	61	44	61	105		
7	Harri Jermin-Jones	Coleg Sir Gar Llanelli	2010-10-03	67	64067	U15	67.45	19	21	24	27	30	-33	24	30	54		
8	Fletcher Watkins		2011-08-15	67	63239	U15	62.3	42	46	-50	55	-59	62	46	62	108		
9	Jac Esen	Coleg Sir Gar Llanelli	2011-04-21	96	64059	U15	96.6	35	37	-40	46	50	54	37	54	91		

Welsh Age Group Championships 3

LOT	NAME	Club	DOB	Cat.	Official Member ID	Age Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
								1	2	3	1	2	3	SN	JERK			
1	Sienna Jones	Evolve S&C Club	2011-08-03	49	63811	U15	46.2	18	21	24	24	27	30	24	30	54		
2	Cerys Davies		2010-05-04	49	59698	U15	47.3	27	29	31	36	39	41	31	41	72		
3	Bethan Harry	Club 646 Weightlifting	2010-12-09	55	63917	U15	49.35	37	40	42	47	50	53	42	53	95		
4	Hazel Williams	SAW	2009-08-20	55	63840	U15	50.4	24	27	28	30	33	-35	28	33	61		
5	Jamie Hughes		2009-11-05	55	59712	U15	52.7	25	28	30	36	-39	39	30	39	69		
6	Gwennan Edwards	Evolve S&C Club	2010-02-17	64	63349	U15	55.5	21	23	-25	-32	-36	36	23	36	59		
7	Shannon Garmon	CXF Weightlifting	2011-12-19	64	62892	U15	60.65	23	25	26	33	35	38	26	38	64		
8	Betsan Daniels	Llanelli WL	05/12/2009	55	64118	U15	50.45	24	27	-30	38	-40	40	27	40	67		
9	Ava Wyn	Evolve S&C Club	2009-04-21	71	63820	U15	60.55	26	28	-30	38	42	44	28	44	72		
10	Charlotte Maber		2010-01-28	64	63888	U15	59.5	-30	30	32	39	-41	42	32	42	74		
11	Poppy James	Evolve S&C Club	2011-04-08	64	63127	U15	62.75	27	30	33	40	44	-47	33	44	77		
12	Cari Adams	Llanelli WL	27/04/2008	64	63312	U15	60.95	33	37	-40	45	-48	-50	37	45	82		
13	Ela Nunes	Llanelli WL	17/07/2009	71	64120	U15	65.2	24	27	30	38	40	42	30	42	72		
14	Ruby Samuel	Evolve S&C Club	2011-02-19	76	64049	U15	75	18	20	22	-24	24	-27	22	24	46		
13	Ruby Pearce		2009-11-29	81+	63915	U15	86.15	32	35	37	45	48	51	37	51	88		
14	Alys Baynham	Coleg Sir Gar Llanelli	2011-04-26	81+	63325	U15	92.7	25	28	-32	32	35	38	28	38	66		

Welsh Age Group Championships 4

LOT	NAME	Club	DOB	Cat.	Official Member ID	Age Category	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
								1	2	3	1	2	3	SN	JERK			
1	Noah Ellson	HAWFC	2008-10-07	55	64023	U17	49.45	50	-53	-53	65	67	-70	50	67			
2	Evan Williams	CXF Weightlifting	28/06/2008	61	62290	U17	55.55	-34	34	38	44	48	-50	38	48			
3	Theo Graham	Evolve S&C Club	2008-05-18	67	63350	U17	66.4	54	58	-62	72	77	-81	58	77			
4	Llewellyn Waits	Club 646 Weightlifting	2008-10-24	61	60939	U17	60.75	75	78	80	95	98	101	80	101			
5	Xander-Logan Howells	Coleg Sir Gar Llanelli	2007-06-04	96	63310	U17	94.8	-45	45	-48	55	60	-65	45	60			
6	Cai Williams		2007-05-29	102	59755	U17	97.75	40	44	47	54	58	60	47	60			
7	Brychan Gilson	Coleg Sir Gar Llanelli	2007-01-12	109+	64093	U17	119.7	65	-68	68	89	94	101	68	101			
8	Daniel Davies	SAW	2005-10-01	81	57631	U20	78	103	-106	-106	130	134	-136	103	134			
9	Matthew Collins	Club 646 Weightlifting	2004-05-31	89	63927	U20	85.9	76	80	85	110	-115	-118	85	110			
10	Llyr Gravel Davies	Coleg Sir Gar Llanelli	2004-05-31	89	63816	U20	87.4	95	98	101	118	121	125	101	125			
11	Luke Fletcher	Club 646 Weightlifting	2006-01-21	89	62005	U20	87.5	-108	108	111	128	-132	-132	111	128			
12	Garin Beams	Ronin	2001-04-16	73	58468	U23	68.85	93	96	98	115	118	-122	98	118			
13	Nico Heeley		2003-10-22	GUEST	63447	U23	109.35	-63	63	-66	76	80	83	63	83			

Welsh Age Group Championships 5

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								1	2	3	1	2	3	SN	JERK			
1	Isla Travers	Lakeside Weightlifting	2007-01-04	64	59963	U17	62.2	60	-62	62	75	-78	-78	62	75	137		
2	Roxi Hayward	SA1	2008-08-03	64	62518	U17	63.3	-40	40	-45	50	-55	-58	40	50	90		
3	Nyarai Hector	Coleg Sir Gar Llanelli	2008-07-10	71	63918	U17	68.65	46	48	51	58	62	66	51	66	117		
4	Mali Hill	Club 646 Weightlifting	2008-12-15	81	63928	U17	78.65	48	51	53	65	70	73	53	73	126		
5	Isabella Jones	CXF Weightlifting	2008-12-06	71	63500	U17	67.2	27	30	-33	40	-43	-45	30	40	70		
6	Millie Lerwill		2005-03-02	59	60998	U20	57.35	55	-58	58	-65	65	-67	58	65	123		
7	Elin-Haf Tossell	Club 646 Weightlifting	2006-07-24	59	61648	U20	56.2	38	41	43	-46	46	-50	43	46	89		
8	Alys Le Roux	Club 646 Weightlifting	2004-04-13	64	59693	U20	61.5	53	-56	56	60	64	-68	56	64	120		
9	Meg Gwyther	SA1	03/03/2006	71	63871	U20	65.65	-50	50	55	70	75	80	55	80	135		
10	Honey Seaton	CXF Weightlifting	2005-12-22	76	61471	U20	75.55	57	60	62	71	74	76	62	76	138		
11	Ella Beard	Maidstone weightlifting Club	2005-06-17	81	62942	U20	80.95	-72	-72	72	96	-100	-100	72	96	168		
12	Catrin Jones	Club 646 Weightlifting	2001-03-05	59	59849	U23	58.1	61	65	68	91	95	-98	68	95	163		
13	Alicia Piper	Club 646 Weightlifting	2002-04-11	71	62940	U23	68.35	-50	-50	50	56	59	-64	50	59	109		
14	Ellie Davis		2001-09-18	87	63800	U23	86.35	34	36	-39	46	-49	49	36	49	85		