

Welsh Senior Championships 2021

Version 1

Lifting times may change on the day

Group 1: Weigh in 8.00-9.00, Competition starts at 10.00

Name		Club	Announced Total	CAT.
Mathew	Williams	HAWFC	100	under 72kg
Scott	Taylor	South Pembrokeshire Weightlifting Club	110	over 72kg

Group 2: Weigh in 9.00-10.00, Competition starts at 11.00

Name		Club	Announced Total	CAT.
Hannah	Powell	HAWFC	150	49
Nikole	Roberts		128	49
Sinead	Lenihan		132	55
Leah	Cooper		148	59
Sian	Peters	Army Weightlifting	165	59
Annie	Clay	SW1 Strength & Conditioning	150	59
Charlotte	Whalley	SAW - Strength Academy Wales	149	59
Ellie	Pryor		157	59

Group 3: Weigh in 11.00-12.00, Competition starts at 13.00

Name		Club	Announced Total	CAT.
Ben	Foggo		185	61
Garin	Beams		216	67
Cian	Green	Bangor University Weightlifting Club	218	73
Jacob	Hill Izani	HAWFC	235	81
Theo	Morris	SA1 Olympic Weight Lifting Academy	238	89
Charlie	McCloy		243	89
Guto	Hughes	Bangor University Weightlifting Club	260	96
Nick	Jones		257	96
Filip	Taylor		290	96
Harry	Nelms		284	102
Joseph	Walton		310	109+

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Group 4: Weigh in 13.00-14.00, Competition starts at 15.30

Name		Club	Announced Total	CAT
Bethan	Watkins		167	64
Chloe	Briggs		171	64
Molly	Greenwood	Number 1 Health Strength Performance C.I.C.	159	64
Christie Marie	Williams		180	64
Megan	Dixon		147	64
Jo	McEwan	Wisdom 4 Weightlifting	174	64
Tracy	Rosser	SA1 Olympic Weight Lifting Academy	148	71
Sarah	Kedward		150	71
Laura	Hughes		195	76
Anita	Madan	SAW - Strength Academy Wales	163	76
Cerys	Head		152	76
Chloe	Hood	SAW - Strength Academy Wales	175	76
Amy	Salt	Pride Performance	196	76