

WELSH RECORDS

MEN UNDER 15

49kg

Snatch	Thomas Duggan	70	11.04.24
Jerk	Thomas Duggan	84	11.04.24
Total	Thomas Duggan	154	11.04.24

55kg

Snatch	Thomas Duggan	79	30.11.24
Jerk	Thomas Duggan	92	30.11.24
Total	Thomas Duggan	171	30.11.24

61kg

Snatch	Llewellyn Waits	73	09.09.23
Jerk	Llewellyn Waits	89	09.09.23
Total	Llewellyn Waits	162	09.09.23

67kg

Snatch	Jorgie Hughes-lynch	82	11.04.24
Jerk	Jorgie Hughes-lynch	110	19.10.24
Total	Jorgie Hughes-lynch	189	19.10.24

73kg

Snatch	Jac Green	75	09.03.24
Jerk	Jac Green	95	09.03.24
Total	Jac Green	170	09.03.24

81kg

Snatch	Standard	74	
Jerk	Standard	93	
Total	Standard	167	

89kg

Snatch	Standard	80	
Jerk	Standard	100	
Total	Standard	180	

96kg

Snatch	Standard	84	
Jerk	Standard	105	
Total	Standard	189	

102kg

Snatch	Standard	86	
Jerk	Standard	108	
Total	Standard	194	

102+kg

Snatch	Standard	90	
Jerk	Rhyddian Rees	120	08.12.18
Total	Rhyddian Rees	206	08.12.18

WELSH RECORDS MEN UNDER 17

49kg

Snatch	Thomas Duggan	70	11.04.24
Jerk	Thomas Duggan	84	11.04.24
Total	Thomas Duggan	154	11.04.24

55kg

Snatch	Thomas Duggan	79	30.11.24
Jerk	Thomas Duggan	92	30.11.24
Total	Thomas Duggan	171	30.11.24

61kg

Snatch	Llewellyn Waits	87	22.03.25
Jerk	Llewellyn Waits	109	22.03.25
Total	Llewellyn Waits	196	22.03.25

67kg

Snatch	Daniel Davies	84	28.11.21
Jerk	Jorgie Hughes-lynch	110	19.10.24
Total	Daniel Davies	189	28.11.21

73kg

Snatch	Daniel Davies	92	18.06.22
Jerk	Daniel Davies	121	18.06.22
Total	Daniel Davies	213	18.06.22

81kg

Snatch	Josh Lynch	105	11.07.19
Jerk	Josh Lynch	131	30.11.19
Total	Josh Lynch	236	30.11.19

89kg

Snatch	Luke Fletcher	110	09.09.23
Jerk	Luke Fletcher	130	10.06.23
Total	Luke Fletcher	238	09.09.23

96kg

Snatch	Bryn Astrop	104	18.11.23
Jerk	Rhyddian Rees	137	01.02.20
Total	Rhyddian Rees	240	01.02.20

102kg

Snatch	Standard	96	
Jerk	Standard	120	
Total	Standard	216	

102+kg

Snatch	Standard	100	
Jerk	Standard	125	
Total	Standard	225	

WELSH RECORDS

MEN UNDER 20

55kg

Snatch	Thomas Duggan	79	30.11.24
Jerk	Thomas Duggan	92	30.11.24
Total	Thomas Duggan	171	30.11.24

61kg

Snatch	Ben Foggo	90	29.01.22
Jerk	Ben Foggo	115	15.10.22
Total	Ben Foggo	205	15.10.22

67kg

Snatch	Michael Farmer	118	13.04.19
Jerk	Michael Farmer	146	11.07.19
Total	Michael Farmer	261	11.07.19

73kg

Snatch	Michael Farmer	118	12.10.19
Jerk	Michael Farmer	145	12.10.19
Total	Michael Farmer	263	12.10.19

81kg

Snatch	Edward Gibson	118	10.09.23
Jerk	Edward Gibson	147	10.09.23
Total	Edward Gibson	265	10.09.23

89kg

Snatch	Edward Gibson	122	09.03.24
Jerk	Edward Gibson	155	02.12.23
Total	Edward Gibson	275	02.12.23

96kg

Snatch	James Hart	112	05.10.19
Jerk	Kyle Colella	138	20.05.23
Total	James Hart	244	05.10.19

102kg

Snatch	Harry Nelms	120	30.11.19
Jerk	Harry Nelms	160	14.04.19
Total	Harry Nelms	277	14.04.19

109kg

Snatch	Jordan Sakkas	140	09.06.19
Jerk	Jordan Sakkas	178	13.10.19
Total	Jordan Sakkas	318	13.10.19

109+kg

Snatch	Standard	117	
Jerk	Standard	147	
Total	Standard	264	

WELSH RECORDS MEN UNDER 23

55kg

Snatch	Thomas Duggan	79	30.11.24
Jerk	Thomas Duggan	92	30.11.24
Total	Thomas Duggan	171	30.11.24

61kg

Snatch	Ben Foggo	90	29.01.22
Jerk	Ben Foggo	115	15.10.22
Total	Ben Foggo	205	15.10.22

67kg

Snatch	Michael Farmer	118	13.04.19
Jerk	Michael Farmer	146	11.07.19
Total	Michael Farmer	261	11.07.19

73kg

Snatch	Michael Farmer	134	11.12.21
Jerk	Michael Farmer	160	11.12.21
Total	Michael Farmer	294	11.12.21

81kg

Snatch	Michael Farmer	130	13.11.22
Jerk	Michael Farmer	155	13.11.22
Total	Michael Farmer	285	13.11.22

89kg

Snatch	Theo Morris	130	19.04.24
Jerk	Edward Gibson	155	02.12.23
Total	Edward Gibson	275	02.12.23

96kg

Snatch	Harry Nelms	131	18.06.22
Jerk	Harry Nelms	168	18.06.22
Total	Harry Nelms	299	18.06.22

102kg

Snatch	Harry Nelms	124	26.09.21
Jerk	Harry Nelms	168	29.01.22
Total	Harry Nelms	288	29.01.22

109kg

Snatch	Jordan Sakkas	148	11.12.21
Jerk	Jordan Sakkas	189	29.01.22
Total	Jordan Sakkas	335	11.12.21

109+kg

Snatch	Standard	120	
Jerk	Standard	150	
Total	Standard	270	

WELSH RECORDS

MEN SENIOR

55kg

Snatch	Thomas Duggan	79	30.11.24
Jerk	Thomas Duggan	92	30.11.24
Total	Thomas Duggan	171	30.11.24

61kg

Snatch	Standard	94	
Jerk	Standard	118	
Total	Standard	212	

67kg

Snatch	Gareth Evans	125	08.04.19
Jerk	Gareth Evans	161	11.07.19
Total	Gareth Evans	286	11.07.19

73kg

Snatch	Michael Farmer	134	11.12.21
Jerk	Michael Farmer	160	11.12.21
Total	Michael Farmer	294	11.12.21

81kg

Snatch	Michael Farmer	130	13.11.22
Jerk	Michael Farmer	155	13.11.22
Total	Michael Farmer	285	13.11.22

89kg

Snatch	Theo Morris	130	19.04.24
Jerk	Edward Gibson	155	02.12.23
Total	Edward Gibson	275	02.12.23

96kg

Snatch	Harry Nelms	133	18.11.23
Jerk	Harry Nelms	175	15.07.23
Total	Harry Nelms	303	15.07.23

102kg

Snatch	Theo Morgan	130	19.04.24
Jerk	Harry Nelms	168	29.01.22
Total	Theo Morgan	291	12.10.19

109kg

Snatch	Jordan Sakkas	148	11.12.21
Jerk	Jordan Sakkas	189	29.01.22
Total	Jordan Sakkas	335	11.12.21

109+kg

Snatch	Liam Rodgers	146	30.12.24
Jerk	Joseph Walton	176	11.12.21
Total	Joseph Walton	318	13.11.21