

WELSH RECORDS MEN UNDER 15

<i>Weight Class</i>	<i>Name</i>	<i>Lift</i>	<i>Date of record</i>
49kg			
54kg			
59kg			
65kg			
72kg			
80kg			
88kg			
97kg			
107kg			
107+kg			

WELSH RECORDS MEN UNDER 17

<i>Weight Class</i>	<i>Name</i>	<i>Lift</i>	<i>Date of record</i>
49kg			
54kg	Harry Thomas	53	16.07.17
59kg	Harry Thomas	61	29.12.17
65kg			
72kg			
80kg			
88kg			
97kg			
107kg			
107+kg			

WELSH RECORDS MEN UNDER 20

<i>Weight Class</i>	<i>Name</i>	<i>Lift</i>	<i>Date of record</i>
49kg			
54kg	Harry Thomas	53	16.07.17
59kg	Harry Thomas	61	29.12.17
65kg			
72kg			
80kg			
88kg			
97kg			
107kg			
107+kg			

WELSH RECORDS MEN UNDER 23

<i>Weight Class</i>	<i>Name</i>	<i>Lift</i>	<i>Date of record</i>
49kg			
54kg	Harry Thomas	53	16.07.17
59kg	Harry Thomas	61	29.12.17
65kg	Matthew Williams	75	14.10.18
72kg	Matthew Williams	80	02.03.19
80kg			
88kg			
97kg			
107kg			
107+kg			

WELSH RECORDS MEN SENIOR

<i>Weight Class</i>	<i>Name</i>	<i>Lift</i>	<i>Date of record</i>
49kg			
54kg	Harry Thomas	53	16.07.17
59kg	Harry Thomas	61	29.12.17
65kg	Shaun Stocker	110	16.07.17
72kg	Nathan Stephens	141	21.01.18
80kg	Nathan Stephens	140	29.12.17
88kg			
97kg			
107kg	Sean Gaffney	172	16.07.16
107+kg	Sean Gaffney	180	07.10.16