

Welsh Winter Open W45-55kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Macey Williams	Torfaen Strength Academy	45	62676	67	39	29	31	32	35	37	39	32	39	71	135.159477	1
2	Cerys Davies		55	59698	80	49.4	32	35	37	38	-43	43	37	43	80	124.343658	4
3	Esther Gimblett	CUBC	49	64380	99	48.7	42	45	47	55	-58	58	47	58	105		1
4	Anni Williams	Evolve Weightlifting	55	63361	59	54.8	26	28	30	36	-38	40	30	40	70	100.746744	5
5	Hazel Williams	SAW	55	63840	82	53.95	32	34	36	44	47	50	36	50	86	125.158381	3
6	Emma Brooks	Club 646 Weightlifting	55	60052	85	55	35	37	40	-45	-45	-45	40	-45	0	0	0
9	Bethan Harry	Club 646 Weightlifting	55	63917	111	52.75	47	50	53	60	63	-66	53	63	116	171.591084	2
10	Yasmin Almahfoudh	CUBC	55	65100	120	53.9	52	54	-56	64	66	-70	54	66	120	174.755722	1

Welsh Winter Open 55-73kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Casey McKee	SAW	55		45	40.85	10	12	14	15	17	19	14	19	33	70.5567684	4
2	Lucas Phillips	SAW	55	65200	47	52.7	20	23	25	27	30	33	23	33	56	95.2808813	2
3	Finn Marshall	SAW	55	65195	48	43.45	14	16	-18	17	19	21	16	21	37	74.5709641	3
4	Zach John	SAW	55	65207	64	54.55	27	30	-33	32	35	38	30	38	68	112.524883	1
5	Sion Coleman	Evolve Weightlifting	61	63903	115	55.9	52	-56	56	62	68	72	56	72	128	207.772526	1
6	Osian Brown	Coleg Sir Gar	73	63817	167	72.25	-73	73	76	98	102	-110	76	102	178	241.475342	3
7	Theo Graham	Evolve Weightlifting	73	63350	167	70	-74	74	-79	88	94	-100	74	94	168	232.488175	3
10	William Davies		73	61972	170	71.75	-77	77	80	98	102	106	80	106	186	253.418671	1

Welsh Winter Open W59-64kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Ava-Grace Morgan	Torfaen Strength Academy	59	65141	80	57.65	33	35	38	45	48	-51	38	48	86	119.528387	3
2	Luned Jones		59	55893	104	56.5	40	42	-44	57	60	-62	42	60	102	143.716448	1
3	Sienna Jones	Evolve Weightlifting	59	63811	88	56.75	40	43	-46	52	56	-60	43	56	99	139.069225	2
4	Charlotte Maber		64	63888	77	62.1	37	39	-41	47	50	-53	39	50	89	117.899017	4
5	Poppy James	Evolve Weightlifting	64	63127	86	62.6	34	37	40	45	48	52	40	52	92	121.27107	3
6	Kiani Gerald	New Wave Weightlifting	64	63882	113	61.4	-48	-48	48	63	-65	65	48	65	113	150.75496	2
9	Kate Rendall		64	59040	153	62.9	65	67	70	-86	-86	86	70	86	156	205.031611	1

Welsh Para-Powerlifting Championships

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	ATTEMPTS		
							1	2	3
1	Evelyn Thomas	SAW	64	903114	70	63.35	67	-70	-70
2	Sara Jones	Coleg Sir Gar	55	908414		52.55	35	37	40
3	Ashleigh Hallyer	Coleg Sir Gar	81	908391	50	76.35	50	54	58

Welsh Winter Open M81-89kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Tom Jeanes		81	63714	193	78.35	-100	-100	-100	0	0	0	-100	0	0	0	
2	Billy Khadaroo-Finlow		89	64663	140	82.2	62	65	68	82	85	86	68	86	154	193.895791	4
3	Hamish Winton	CUBC	81	63122	168	77.8	73	77	-82	95	-100	-100	77	95	172	223.274042	1
4	Cearn McDonnell		89	59702	180	87.05	90	-95	-95	100	108	113	90	113	203	248.08574	2
5	Charles Tempest	CUBC	89	64081	205	85.6	92	96	-100	105	112	116	96	116	212	261.300895	1
6	Cameron Lewis		89	64453	180	85	85	90	-95	100	105	-110	90	105	195	241.219047	3

Welsh Winter Open W71kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Addison Way		71	65013		70.45	45	48	50	58	61	-63	50	61	111	136.716736	5
2	Celyn Millership	SAW	71	64122	83	69.1	47	50	53	61	65	-69	53	65	118	146.866723	3
3	Gabrielle Maber		71	64248	84	69.85	39	42	-45	50	-53	-53	42	50	92	113.836345	4
4	Ava Wyn	Evolve Weightlifting	71	63820	86	67	-37	-37	-37	x	x	x	-37	0	0	0	4
5	Pamela Cheung	CUBC	71	64415	108	66.25	44	47	51	58	61	-64	51	61	112	142.735809	3
6	Olivia Roderick		71	64346	119	66.9	45	49	-53	66	-70	70	49	70	119	150.811161	2
7	Sophia Lorimer		71	65179	127	65.75	54	56	58	74	-77	77	58	77	135	172.803475	1

Welsh Winter Open M96-109+kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Jac Esen	Coleg Sir Gar	102	64059	136	97.75	60	63	66	84	87	-90	66	87	153	177.159122	4
2	Matthew Collins		96	63927	205	90.3	93	97	100	118	121	126	100	126	226	271.274418	1
3	Josiah Kwok	Cardiff Met	96	62908	210	92.15	94	98	-102	110	118	124	98	124	222	263.932128	2
4	Alexander Lewis		96	60620	219	93.6	92	96	-100	-120	120	-127	96	120	216	254.956447	3
5	Alex Colston		102	65114	170	96.75	73	76	-80	95	100	105	76	105	181	210.514057	1
6	Brychan Gilson	Coleg Sir Gar	109+	64093	184	114.75	87	91	-95	100	-105	-105	91	100	191	208.129354	2
7	Louis Weston	Cardiff Met	109+	62858	251	126.2	115	-121	-121	151	156	161	115	161	276	292.332977	1

Welsh Winter Open W76-87+kgs

LOT	NAME	Club	Cat.	Official Member ID	Entry Total	B/W	SNATCH kg			JERK kg			BEST		TOTAL	Sinclair	Pos
							1	2	3	1	2	3	SN	JERK			
1	Dannii Bethell		76	65056	0	72.5	62	65	68	75	79	82	68	82	150	203.056717	2
3	Olivia Lennon		76	59736	149	74.65	-62	62	-64	78	81	-83	62	81	143	190.174486	3
4	Sarah Kedward		76	59737	153	75.85	63	65	68	81	84	-87	68	84	152	200.239984	1
5	Rachael Taylor	CUBC	81	64403	111	78.65	45	48	-51	63	-67	-71	48	63	111	143.201599	1
6	Ellen Weller	CUBC	87	63546	116	85.5	50	53	55	60	63	-65	55	63	118	145.528259	1
7	Emily Linnane	Ronin Barbell	87	61821	118	86.1	-52	-52	52	65	-69	-69	52	65	117	143.780352	2
9	Della Pemberton	Diamond Conditioning	87+	60973	133	104	58	60	63	68	-70	-71	63	68	131	147.883125	1