

WELSH RECORDS WOMEN UNDER 15

40kg

| | | | |
|--------|----------|----|--|
| Snatch | Standard | 26 | |
| Jerk | Standard | 33 | |
| Total | Standard | 59 | |

45kg

| | | | |
|--------|----------|----|--|
| Snatch | Standard | 28 | |
| Jerk | Standard | 35 | |
| Total | Standard | 63 | |

49kg

| | | | |
|--------|----------------|----|----------|
| Snatch | Emma Slocombe | 35 | 26.09.21 |
| Jerk | Milly Woodyatt | 46 | 09.09.23 |
| Total | Emma Slocombe | 80 | 26.09.21 |

55kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Charlotte Whalley | 52 | 05.07.19 |
| Jerk | Charlotte Whalley | 72 | 05.10.19 |
| Total | Charlotte Whalley | 122 | 05.10.19 |

59kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Charlotte Whalley | 54 | 02.11.19 |
| Jerk | Charlotte Whalley | 73 | 02.11.19 |
| Total | Charlotte Whalley | 127 | 02.11.19 |

64kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Bethan Jones | 51 | 08.12.18 |
| Jerk | Bethan Jones | 67 | 08.12.18 |
| Total | Bethan Jones | 118 | 08.12.18 |

71kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Bethan Jones | 48 | 13.10.18 |
| Jerk | Bethan Jones | 70 | 27.10.18 |
| Total | Bethan Jones | 118 | 27.10.18 |

76kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Seren Mitchell | 48 | 05.10.19 |
| Jerk | Seren Mitchell | 63 | 05.10.19 |
| Total | Seren Mitchell | 111 | 05.10.19 |

81kg

| | | | |
|--------|-----------|-----|----------|
| Snatch | Mali Hill | 53 | 21.01.24 |
| Jerk | Mali Hill | 73 | 21.01.24 |
| Total | Mali Hill | 126 | 21.01.24 |

81+kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Mia Evans | 62 | 18.11.23 |
| Jerk | Grace Morris | 83 | 04.12.22 |
| Total | Grace Morris | 143 | 04.12.22 |

WELSH RECORDS WOMEN UNDER 17

40kg

| | | | |
|--------|----------|----|--|
| Snatch | Standard | 30 | |
| Jerk | Standard | 38 | |
| Total | Standard | 68 | |

45kg

| | | | |
|--------|----------|----|--|
| Snatch | Standard | 32 | |
| Jerk | Standard | 40 | |
| Total | Standard | 72 | |

49kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Nikole Roberts | 63 | 11.12.21 |
| Jerk | Nikole Roberts | 73 | 29.01.22 |
| Total | Nikole Roberts | 133 | 11.12.21 |

55kg

| | | | |
|--------|-------------|-----|----------|
| Snatch | Ellie Pryor | 62 | 08.12.18 |
| Jerk | Ellie Pryor | 81 | 08.12.18 |
| Total | Ellie Pryor | 143 | 08.12.18 |

59kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Charlotte Whalley | 66 | 26.09.21 |
| Jerk | Charlotte Whalley | 83 | 26.09.21 |
| Total | Charlotte Whalley | 149 | 26.09.21 |

64kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Isla Travers | 62 | 21.01.24 |
| Jerk | Isla Travers | 75 | 21.01.24 |
| Total | Isla Travers | 137 | 21.01.24 |

71kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Chloe Hood | 70 | 13.10.18 |
| Jerk | Chloe Hood | 86 | 13.10.18 |
| Total | Chloe Hood | 156 | 13.10.18 |

76kg

| | | | |
|--------|-----------|-----|----------|
| Snatch | Macy John | 57 | 30.11.19 |
| Jerk | Macy John | 83 | 30.11.19 |
| Total | Macy John | 143 | 28.06.19 |

81kg

| | | | |
|--------|-----------|-----|----------|
| Snatch | Mali Hill | 53 | 21.01.24 |
| Jerk | Mali Hill | 73 | 21.01.24 |
| Total | Mali Hill | 126 | 21.01.24 |

81+kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Grace Morris | 69 | 09.06.23 |
| Jerk | Grace Morris | 92 | 20.05.23 |
| Total | Grace Morris | 159 | 20.05.23 |

WELSH RECORDS WOMEN UNDER 20

45kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Bethan Roberts | 48 | 27.10.18 |
| Jerk | Bethan Roberts | 60 | 27.10.18 |
| Total | Bethan Roberts | 108 | 27.10.18 |

55kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Catrin Jones | 78 | 30.11.19 |
| Jerk | Catrin Jones | 103 | 30.11.19 |
| Total | Catrin Jones | 181 | 30.11.19 |

64kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Molly Greenwood | 74 | 26.09.21 |
| Jerk | Charlotte Whalley | 90 | 15.10.22 |
| Total | Charlotte Whalley | 161 | 15.10.22 |

76kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Chloe Hood | 78 | 26.09.21 |
| Jerk | Chloe Hood | 98 | 26.09.21 |
| Total | Chloe Hood | 176 | 26.09.21 |

87kg

| | | | |
|--------|---------------|-----|----------|
| Snatch | Niamh Collins | 76 | 12.06.22 |
| Jerk | Niamh Collins | 97 | 12.04.22 |
| Total | Niamh Collins | 172 | 12.06.22 |

49kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Nikole Roberts | 68 | 18.04.24 |
| Jerk | Nikole Roberts | 82 | 18.04.24 |
| Total | Nikole Roberts | 150 | 18.04.24 |

59kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Charlotte Whalley | 77 | 09.03.24 |
| Jerk | Charlotte Whalley | 93 | 18.11.23 |
| Total | Charlotte Whalley | 170 | 09.03.24 |

71kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Chloe Hood | 72 | 05.07.19 |
| Jerk | Chloe Hood | 90 | 14.04.19 |
| Total | Chloe Hood | 159 | 14.04.19 |

81kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Ella Beard | 75 | 10.09.23 |
| Jerk | Ella Beard | 97 | 10.09.23 |
| Total | Ella Beard | 172 | 10.09.23 |

87+kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Grace Morris | 69 | 09.06.23 |
| Jerk | Grace Morris | 92 | 20.05.23 |
| Total | Grace Morris | 159 | 20.05.23 |

25/04/2024

WELSH RECORDS WOMEN UNDER 23

45kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Bethan Roberts | 48 | 27.10.18 |
| Jerk | Bethan Roberts | 60 | 27.10.18 |
| Total | Bethan Roberts | 108 | 27.10.18 |

49kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Nikole Roberts | 68 | 18.04.24 |
| Jerk | Nikole Roberts | 82 | 18.04.24 |
| Total | Nikole Roberts | 150 | 18.04.24 |

55kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Catrin Jones | 83 | 26.06.21 |
| Jerk | Catrin Jones | 105 | 26.06.21 |
| Total | Catrin Jones | 188 | 26.06.21 |

59kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Catrin Jones | 85 | 01.07.22 |
| Jerk | Catrin Jones | 108 | 11.06.22 |
| Total | Catrin Jones | 192 | 01.07.22 |

64kg

| | | | |
|--------|-----------------|-----|----------|
| Snatch | Molly Greenwood | 83 | 10.09.23 |
| Jerk | Molly Greenwood | 98 | 02.12.23 |
| Total | Molly Greenwood | 180 | 02.12.23 |

71kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Chloe Hood | 82 | 02.12.23 |
| Jerk | Chloe Hood | 108 | 02.12.23 |
| Total | Chloe Hood | 190 | 02.12.23 |

76kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Tayla Howe | 93 | 14.04.19 |
| Jerk | Tayla Howe | 110 | 14.04.19 |
| Total | Tayla Howe | 203 | 14.04.19 |

81kg

| | | | |
|--------|------------|-----|----------|
| Snatch | Ella Beard | 78 | 23.02.24 |
| Jerk | Ella Beard | 100 | 23.02.24 |
| Total | Ella Beard | 178 | 23.02.24 |

87kg

| | | | |
|--------|---------------|-----|----------|
| Snatch | Niamh Collins | 87 | 23.04.23 |
| Jerk | Niamh Collins | 110 | 16.07.23 |
| Total | Niamh Collins | 195 | 23.04.23 |

87+kg

| | | | |
|--------|----------|-----|--|
| Snatch | Standard | 78 | |
| Jerk | Standard | 98 | |
| Total | Standard | 176 | |

WELSH RECORDS

WOMEN SENIOR

45kg

| | | | |
|--------|---------------|-----|----------|
| Snatch | Hannah Powell | 64 | 09.07.19 |
| Jerk | Hannah Powell | 84 | 09.07.19 |
| Total | Hannah Powell | 148 | 09.07.19 |

55kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Catrin Jones | 83 | 26.06.21 |
| Jerk | Catrin Jones | 105 | 26.06.21 |
| Total | Catrin Jones | 188 | 26.06.21 |

64kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Christie Williams | 86 | 01.03.20 |
| Jerk | Christie Williams | 101 | 29.01.22 |
| Total | Christie Williams | 186 | 01.03.20 |

76kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Tayla Howe | 93 | 14.04.19 |
| Jerk | Laura Hughes | 114 | 11.12.21 |
| Total | Laura Hughes | 204 | 11.12.21 |

87kg

| | | | |
|--------|---------------|-----|----------|
| Snatch | Emma McCready | 92 | 22.10.23 |
| Jerk | Niamh Collins | 110 | 16.07.23 |
| Total | Niamh Collins | 198 | 18.11.23 |

49kg

| | | | |
|--------|----------------|-----|----------|
| Snatch | Nikole Roberts | 68 | 18.04.24 |
| Jerk | Hannah Powell | 85 | 07.06.19 |
| Total | Hannah Powell | 152 | 30.07.22 |

59kg

| | | | |
|--------|--------------|-----|----------|
| Snatch | Catrin Jones | 85 | 01.07.22 |
| Jerk | Catrin Jones | 108 | 11.06.22 |
| Total | Catrin Jones | 192 | 01.07.22 |

71kg

| | | | |
|--------|-------------------|-----|----------|
| Snatch | Christie Williams | 85 | 30.11.19 |
| Jerk | Faye Pitman | 110 | 26.06.21 |
| Total | Faye Pitman | 195 | 26.06.21 |

81kg

| | | | |
|--------|---------------|-----|----------|
| Snatch | Emma McCready | 93 | 15.07.23 |
| Jerk | Emma McCready | 111 | 15.07.23 |
| Total | Emma McCready | 204 | 15.07.23 |

87+kg

| | | | |
|--------|-------------|-----|----------|
| Snatch | Leah Clarke | 95 | 16.07.23 |
| Jerk | Leah Clarke | 120 | 16.07.23 |
| Total | Leah Clarke | 215 | 16.07.23 |